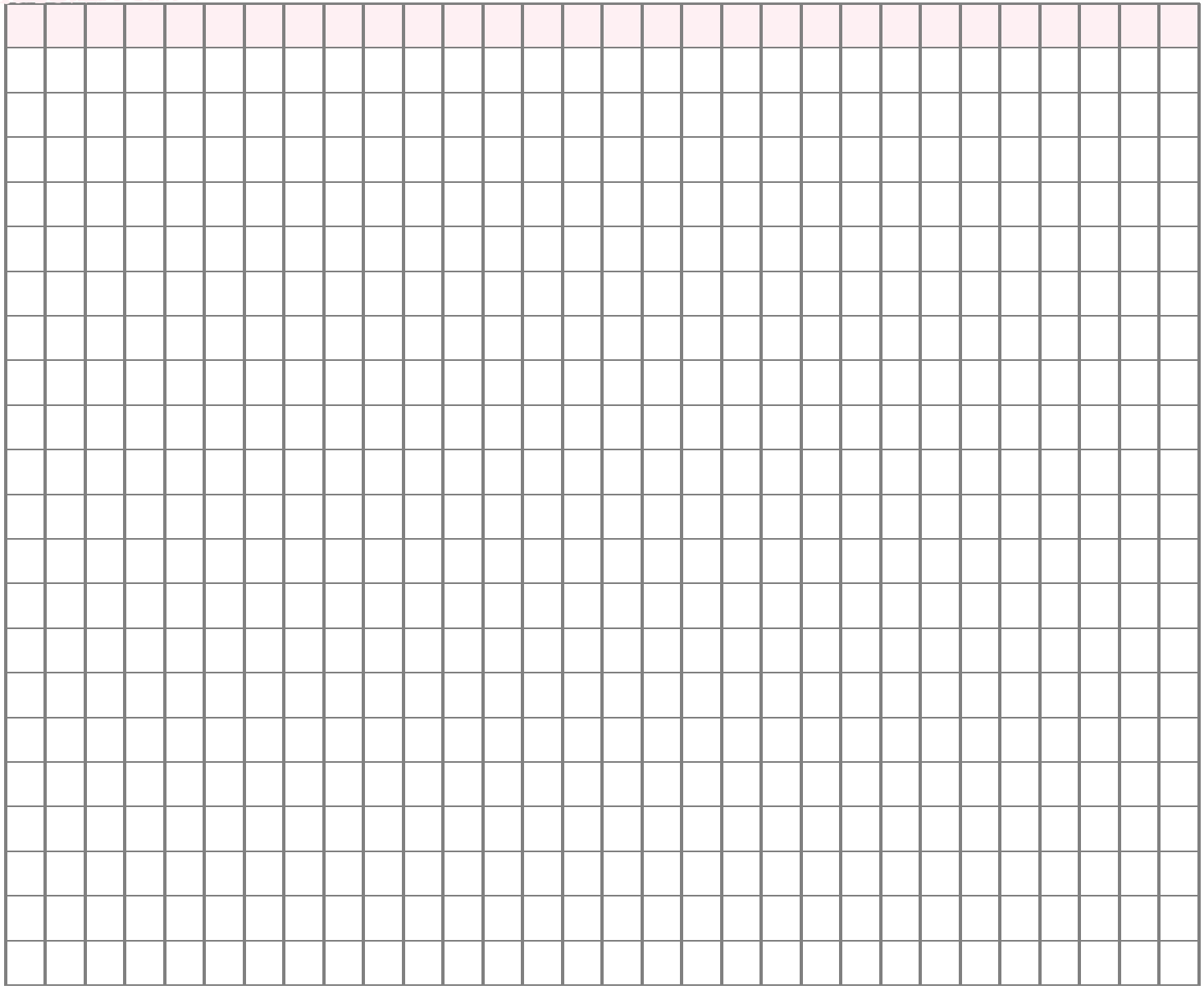Rastreador de Hábitos